

PEGASUS POLE FITNESS terms and conditions, privacy policy, COVID updates and booking information.

When booking any class you are agreeing to these terms and conditions.

All bookings are made via the booking system or via an instructor for private classes.

Ensure you read through your welcome letter, consent form and the information on the booking so you know what to expect and have what you need for class.

All bookings must be paid for in advance and there are no refunds. If you cannot make your class then you can reschedule as long as you give at least 48 hours notice.

Classes cannot be transferred to other students.

You must show up on time or you will be refused entry. It's nothing personal, you just need to ensure you are warmed up and if you miss the warm up then under no circumstances can you join the class.

If you need to change a class please inform us at least 24 hours in advance or you will lose your booking.

If for any reason the instructor cannot go ahead with the class it will be rearranged and you will be given the details asap.

Within the courses you cannot change the date or time of the class, if you cannot make it for whatever reason you cannot transfer the place to another person or another class.

There are no refunds under any circumstances. Pegasus pole fitness accepts no liability for injuries/illness during the course of their sessions, your exercise program is entered into entirely at your own risk.

Students with little or no dancing/fitness experience are welcome, as are experienced dancers or fitness fanatics.

There is no upper age limit. Pegasus pole fitness requests that all students are over 16

If under 16 parent/guardian responsible signature will be needed.

For your own safety, do not consume alcohol or drugs before coming to lessons.

All payments are non refundable. If you need to rearrange a class then the class will be changed. If your instructor needs to rearrange a class you will be given alternative dates and times.

When taking up any new sporting activity where friction occurs, some bruising may result. This is possible and likely especially at the beginning when learning pole or Aerial Fitness.

Pole and Ariel is a fantastic all over body workout; however, most people find that it takes a couple of weeks for your body to adapt to supporting weight on parts of your body where you wouldn't normally support weight, for example, the back of your knees, or the inside of your thighs.

I understand that I will receive physical assists or adjustments to enhance or correct my body posture during class by either the teacher or an assistant in class. I will take accountability for alerting the teacher and assistant of any injury or impairment in advance before class begins.

I am aware of the possibility of bruising or injury due to the nature of Aerial Sports and pole fitness.

We advise you to consult a medical practitioner before engaging in any physical activity.

I do not have any reason to believe that I have any medical conditions which makes any of the Aerial Sports or Pole Fitness an unsuitable activity for me.

I understand that if injuries do occur, it is my responsibility and not the responsibility of Pegasus pole fitness or my instructor. I will not hold either party responsible.

I agree to listen to and abide by the instructions issued by my instructor at all times

I agree not to invert without the supervision and permission of my instructor and before I have learnt spotting and dismount techniques.

I understand that whilst every effort is taken to ensure my safety during the lessons, I am taking part in a sport and like any other there is always a possibility of getting hurt.

All measures are being taken to prevent spread of any disease or virus by rigorous cleaning and sanitisation, however there is an inherent risk of exposure to COVID-19 when in any public space where people are present. I understand this and do not hold Pegasus pole fitness responsible. I will not

attend the studio if I am feeling unwell or display any symptoms of COVID-19, or have been in recent contact with anyone displaying these symptoms and will advise my instructor as soon as possible if symptoms are discovered within the following week of a lesson.

I have read and understood the terms and conditions.

Your details are confidential and are for our records only. Please rest assured that your details will not be passed on to any third parties. They are used by us to ensure the records we hold are up to date and that we can contact you or your next of kin in the event of an emergency.

By completing a booking, you agree that you have read and understood the terms.

Any video or photography that is used throughout the lesson to assist with learning will only be held as long as necessary for the benefit of the student.

We do like to use some of these pictures of our students on our social media.

Please tell your instructor if you do not want to have images used for social media. Sometimes it may be helpful to take a picture or/and film something to assist with teaching and training. We will always check if you are happy with this before doing so and we will always check the photo with you before sharing on social media if the purpose was for marketing.